

Tips for Patients Talking to Family/Loved Ones About Participating in a Clinical Trial

ALISCA®: ALISertib* in CAncer - Education

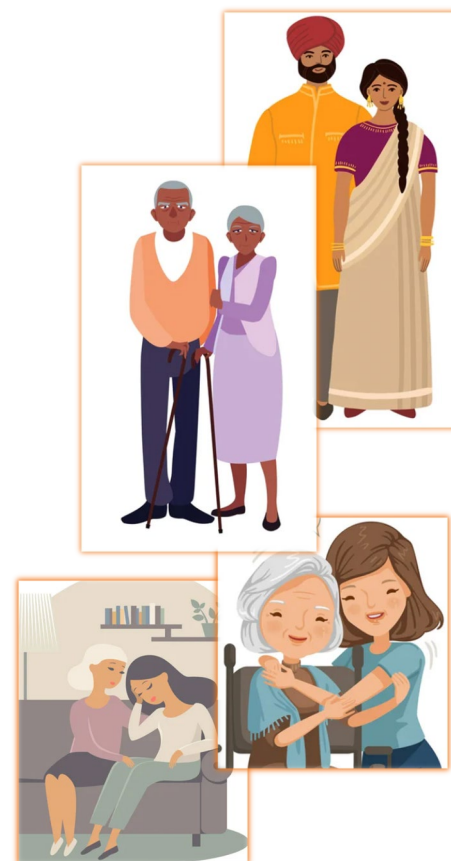
*Alisertib is an investigational drug and it has not been approved by any health authority. Safety and Efficacy of alisertib have not been established.

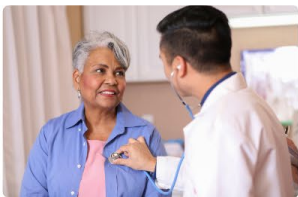
Enrolling in a clinical trial is a big decision that may impact not only you, but also your family/loved ones. Here are some tips for discussing a clinical trial opportunity with them:

- **Have information ready to share:** Make a simple summary of information to share with your family/loved ones based on documents and notes you've gathered. Another option to save you time is to highlight information in documents you've received. You can also use the **Information Summary Tool** on the next page as a guide.
- **Right time/right place:** Find a quiet time and comfortable place where you won't be interrupted or distracted to talk about the clinical trial. Avoid times where people might feel tired such as late in the evening.
- **Explain the basics:** Start by reviewing what the clinical trial is for and what happens during the clinical trial.

Some of the following questions may help you discuss the decision to join the clinical trial with your family/loved ones:

- **Changes in Daily Life:**
 - How might joining this clinical trial impact our daily lives together?
 - Do we need to adjust schedules or tasks because of it?
 - What might we need help with during the clinical trial?
- **Getting Support:**
 - Who can help us during the clinical trial?
 - How can we help each other during this time?
- **Time and Effort:**
 - How much time will it take?
 - Do we need to plan for any travel or staying away from home?
- **Money Talk:**
 - What costs are involved with this clinical trial?
 - Are there ways to get help with extra expenses?
- **Possible benefits and challenges:**
 - What good things might happen by joining this clinical trial?
 - What are some possible challenges with this clinical trial?
- **Other Choices:**
 - What other options are there in addition to this clinical trial?
 - How does this clinical trial compare to those other choices?





Deciding Together

Here are some things to think about:

- How will we make decisions about this clinical trial together?
- What things are most important to all of us?
- What worries or concerns do we have?
- What other information, if any, do we need from the doctor before the decision is made?

Information Summary Tool

Use the question prompts below to write down some notes from your discussion with your doctor that you can use to provide a clear and simple summary when talking to your family/loved ones about the clinical trial.

Topic	Notes
What is the clinical trial for?	
How might this clinical trial help me? Others?	
What is involved in the treatment?	
What kind of tests are required?	
How often and where would the tests and treatment take place?	
What side effects do I need to be aware of?	
How long does the clinical trial last?	
Other thoughts/notes:	

FOR MORE INFORMATION:



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