

## Puma Biotechnology is a biopharmaceutical company focusing on the development of innovative products to enhance cancer care













Tips and Tools for Care Partners: Talking to Your Loved One About Participating in a Clinical Trial  $ALISCA^{TM}$ : ALISertib\* in CAncer - Education

\*Alisertib is an investigational drug and it has not been approved by any health authority. Safety and Efficacy of alisertib have not been established.

It's not unusual for care partners to take the lead on researching treatment options. If that's you, and you think this clinical trial may be a good option for your loved one, here are some tips on how to share the information with them:

- See if they are willing to talk about a clinical trial: Let them know you've learned about a clinical trial that might offer a different treatment option for them. Then ask a question such as, "When would be a good time for us to talk about it?" If they are open to it, they will give you some ideas. If they are not willing to discuss it, consider the following approach:
  - Ask what concerns they have about discussing a clinical trial
  - o Ask if they'd like to read the information that you've obtained on their own
  - Ask if they'd be willing to discuss it with their doctor

Respect their decision, whatever it is. You want what's best for them and they may not be ready to consider a clinical trial. While their decision may have an impact on you, ultimately, the decision to join a clinical trial is up to the patient.

- Right time/right place: Find a quiet moment where you have privacy to discuss it. Avoid when they're already stressed or upset.
- Show you care: The action of researching on their behalf shows you care along with other things you do as their
  care partner. Tell them you looked into this because you care about them. Explain that this may be another option
  to consider.
- Explain clearly: Make it simple. Talk about what the clinical trial is for and why you think it might be a potential option to discuss with their doctor.
- Listen carefully: Let them talk about how they feel. Listen. Write down any questions they raise that need to be answered by their doctor. You had time to talk when you were informing them about the clinical trial. Be sure to give them equal time to share their thoughts without interrupting or correcting them.
- Respect their choice: Understand if they don't want to think about it now. Let them know you'll support whatever choice they make when they are ready to decide.
- Offer to help: Tell them you're there for them. Offer to get more details or go with them to talk to their doctor when they are ready.
- Be realistic: Don't promise things that might not happen.
- Give time to think: Let them think. Don't push them to decide right away.

Remember, the idea is to provide information without making the other person feel stressed or rushed.





## **Notes**



## FOR MORE INFORMATION: